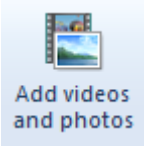
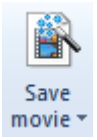
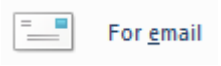
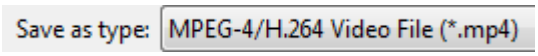
Video Exporting Guide for Windows Movie Maker

You may need to use Windows Movie Maker to:

- Reduce the size of your video file for uploading. The recommended file size is 200 MB to 300 MB or less.
- Convert your video into a file format that meets the requirements of the ePortfolio system. The approved formats include: .flv, .asf, .qt, .mov, .mpg, .mpeg, .avi, .wmv, .mp4, and .m4v.

Follow these instructions to export your video from Windows Movie Maker 2012:

<table>
<tr><td colspan="2">1. If you do not already have Windows Movie Maker 2012 on your computer, download the free software from http://windows.microsoft.com/en-us/windows/get-movie-maker-download and follow the instructions on the website and the installer.

Please note that links to third-party software are provided by Pearson as a courtesy and do not constitute an endorsement of any third-party products or services you may access. If you do access a third-party site and/or software, you do so at your own risk.</td></tr>
<tr><td>2. Open Windows Movie Maker and select your video.</td><td> 
</td></tr>
<tr><td>3. Click “Save movie” in the upper-right corner. Note that you must click the text, not the icon, in order to access the menu and select a video format in the next step.</td><td> 
</td></tr>
<tr><td>4. In the menu that appears, navigate to “Common settings” and select the option that says “For email.”</td><td> 
</td></tr>
<tr><td>5. In the window that appears, select to save your video as “MPEG-4/H.264 Video File (*.mp4).”</td><td> 
</td></tr>
<tr><td>6. Navigate to your desktop, click “Save,” and wait for your video to be compressed and exported.</td><td>
</td></tr>
<tr><td colspan="2">7. You’re done—Move the file to your desktop, and you’re ready to upload it to the ePortfolio system.</td></tr>
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Additional Resources

Please visit www.boardcertifiedteachers.org/eportfolio for other helpful resources, including technical guides, video tutorials, and Frequently Asked Questions.

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